

Newport School District | Newport Elementary/Middle/High School

Office of the School Nurse

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Condition	Is your child too sick for school?	Should your child see a doctor?	How long should they stay home?
Mild Cough/Runny Nose	No If no fever	Yes If fever develops	Not necessary
Mild Sore Throat	No If no fever	Yes If a fever develops	Not necessary
Bad Cough*	Maybe If your child has a fever, if the cough is productive, or if the cough isn't suppressed with standard treatment including cough drops or suppressants	Yes If the cough does not improve, worsens, or fever develops.	Until fever subsides, and cough is manageable with standard treatment
Persistent diarrhea/vomiting*	Yes	Yes If fever is present or they are experiencing symptoms for >24 hours	Stay home for 24 hours after last episode
Fever > 100.4*	Yes	Yes If fever is persistently high with medication	Until fever free for 24 hours without medication
Severe Sore Throat*	Yes	Yes If complaints are severe and/or child has a fever	Per physician's discretion or until student's discomfort is manageable.
Earache	No	Yes If fever also present	Per physician discretion
Pink Eye*: Itchy red eye with drainage	Yes	Yes	If diagnosed bacterial conjunctivitis, 24 hours after initiation of treatment.
Headlice	No	No OTC treatments are available. Additional resources also available through your physician.	If the school nurse identifies live lice, she will notify the parent. The child is to be treated appropriately. Child will then be reexamined upon the next school day. As long as no live lice are present student may remain in school.
Impetigo*	Yes	Yes. Impetigo is a common bacterial infection of the skin often caused by staph or strep. Mild cases may clear on their own, however often need prescription treatment.	24 hours after the initiation of treatment
Fifth Disease	No	Yes If symptoms warrant	Fever free for 24 hours
Hand Foot Mouth Disease*	Yes If open draining blisters and/or has fever	Yes	Physician discretion with an appropriate excuse.
Influenza A or B* (headache, fever, sore throat, cough, body aches, chills)	Yes	Yes	Physician discretion with an appropriate excuse.
Poison Ivy	No	Maybe Parental discretion depending on severity of symptoms	Student is able to be at school with poison ivy, we just recommend that open weeping areas are covered.
Ringworm*	Yes	Yes Treatment is needed	24 hours after initiation of treatment.

***Exclusion Rules:**

- **During the School Day:** If the school nurse notices 2 or more symptoms of any of the above, the nurse will contact the parent requesting that the student is picked up from school.
- **At Home:** If you notice any symptoms of the above-mentioned conditions, please keep your child home and treat as appropriate.